

DE Jonathan Allen, Top 3 NFL Draft Prospect, Takes A Break From Training to Visit Walt Disney World Resort

Former Alabama defensive end Jonathan Allen – who is expected to be a Top 3 NFL draft pick and who is training for the 2017 NFL Combine at ESPN Wide World of Sports Complex at Walt Disney World Resort – took a break from workouts to visit Disney's Animal Kingdom in February where he and his family experienced many signature attractions, including Expedition Everest. On this thrilling journey, Allen, his friends and family boarded a runaway train ride and ventured into the attraction's Forbidden Mountain in search of the legendary yeti that guards it.

Allen is one of several NFL draft prospects training for the combine at ESPN Wide World of Sports Complex with renowned performance trainer, Tom Shaw. Shaw has also trained notable NFL stars such as Dak Prescott, Jameis Winston, Calvin Johnson, Deion Sanders, Peyton Manning and many others.