

Runners to Race Around the “High Banks” and “Bases” As Part of 20th Anniversary Walt Disney World Marathon Course

2013 Disney Marathon route to go through baseball stadium and speedway; course tweaks build on list of new 2013 enhancements

LAKE BUENA VISTA, Fla. – Runners in the **20th anniversary Walt Disney World Marathon** in 2013 will have the unique experience of running along a speedway and through a baseball stadium – in addition to Disney's four theme parks – as part the latest enhancements designed to celebrate the event's two decades of existence.

The 2013 Disney Marathon course will again start at Epcot. But runners will go through the Magic Kingdom and then run through the high-banked Walt Disney World Speedway where stock cars, Indy cars and exotic supercars typically roar around the one-mile tri-oval track. And later the course will take runners to ESPN Wide World of Sports Complex and through the complex's Champion Stadium, a major-league style ballpark that's the Atlanta Braves' annual spring training home.

“Running through the speedway and the ballpark should provide quite a thrill for the runners,” said veteran race director Jon Hughes. “These very creative enhancements should make for a pretty memorable 20th anniversary marathon that people will probably be talking about for 20 more years.”

The marathon's commemorative route changes add to the new enhancements recently announced, including enhanced entertainment along Mile 20, a specially-designed 20th anniversary Mickey Mouse medal and a new post-race party at Downtown Disney.

In addition to the 26.2-mile marathon, the Walt Disney World Marathon Weekend presented by Cigna (Jan. 10-13) will feature events for the entire family such as **Kids' Races throughout the weekend**, including the **Mickey Mile**, a **Family Fun Run 5K** on Friday, the **Half Marathon** on Saturday and the **Marathon** on Sunday. There is also **Goofy's Race and a Half Challenge** which involves running the Half Marathon and the full Marathon – 39.3 miles! The **Health and Fitness Expo** runs throughout the weekend at ESPN Wide World of Sports Complex and features the latest in running technology and fashion, as well as renowned running experts like **Jeff Galloway**, the official training consultant for *runDisney*.

Runners can register at www.rundisney.com. Runners can register early to get the best price. Below is pricing and the schedule of events for the 2013 Walt Disney World Marathon Weekend presented by Cigna.

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