

# Tony Horton's Fitness Weekend Offers Training in the Middle of the Magic

**Participants to train with Horton in five VIP group workouts in areas such as Disney's Hollywood Studios and the ESPN Wide World of Sports Complex.**

LAKE BUENA VISTA, Fla. (July 3, 2012) – Exercise lovers are invited to “Bring it!” to Disney for a weekend of training and fitness challenges with celebrity fitness guru Tony Horton. The Tony Horton Fitness Weekend at the Walt Disney World Resort near Orlando, Fla.

Participants will have the opportunity to train with Horton and special guest instructors over the course of the four days through a series of five VIP group workouts across the resort. Training will take place in areas such as Disney's Hollywood Studios and the ESPN Wide World of Sports Complex, and the weekend concludes with a celebratory closing banquet at Epcot.

For more information, visit: [www.espnwwos.disney.go.com/events/more/tony-horton-fitness-weekend/](http://www.espnwwos.disney.go.com/events/more/tony-horton-fitness-weekend/)

## **About Tony Horton:**

Horton is the master behind the best-selling fitness program P90X® and the author of two books, “Bring It” and “Crush It.” In addition to personal training, he hosts numerous fitness camps each year and travels throughout the world sharing his health, fitness and lifestyle tips.