

Meet Up and Motor Through Disneyland Resort for Disneyland Half Marathon Weekend

ANAHEIM, Calif. (Aug. 31, 2012) — runDisney helped participants rev up for the 2012 Disneyland Half Marathon Weekend at Disneyland Resort with a social media meet-up on Aug. 31, 2012.

Participants were selected via the Disney Parks Blog, @runDisney Twitter handle and runDisney Facebook page.

Official runDisney training consultant Jeff Galloway led the group of 30 on a 2.5-mile run through Disneyland and California Adventure, passing iconic attractions such as Sleeping Beauty Castle, Paradise Pier at California Adventure and the Matterhorn Bobsleds along the way. The participants also motored through the new Cars Land, stopping for pictures in Radiator Springs and sampling items from Flo's V8 Café.

After the run-walk-run training, Galloway was joined by guest speakers Dimity McDowell and Sarah Bowen Shea, authors of the books "Run Like a Mother" and "Train Like a Mother." Participants had the opportunity to take photos with Mickey Mouse, Galloway, Favor Hamilton, McDowell and Bowen Shea before making a special trip to Soarin', where they were treated to a behind-the-scenes look at the attraction.

For more information on the Disneyland Marathon Weekend or to sign up to run a future runDisney race, visit www.rundisney.com. Also, follow us on [Twitter](#) and [Facebook](#) for the latest *runDisney* race information and for behind-the-scenes access to all things *runDisney*.