

Walt Disney World Marathon Weekend Brings More than 100,000 Runners and Spectators to Central Florida

The 26th annual Walt Disney World Marathon Weekend presented by Cigna ranks among the **nation's most popular destination races**, growing from **8,200 runners in 1994** to more than **100,000 athletes and spectators** expected this year. **As one of Central Florida's largest sporting events**, the four-day race weekend offers activities for runners of all ages and levels including the **5K, 10K, half marathon, marathon**, **runDisney Kids Races** and **runDisney Health and Fitness Expo**. Race activities begin on Thursday with the Walt Disney World 5K and culminate on Sunday with the 26.2-mile Walt Disney World Marathon.

There are more than **14,000 Florida runners** participating in Walt Disney World Marathon Weekend races, including **more than 5,000 from the Central Florida area**.

See below information about race start times and locations:

Walt Disney World 5K Race:

Date: Thursday, Jan. 10

Arrive at Epcot by 4:30 a.m. for live coverage of the start and finish line.

Start 5:30 a.m.

Walt Disney World 10K Race:

Date: Friday, Jan. 11

Arrive at Epcot by 4:30 a.m. for live coverage of the start and finish line.

Start 5:30 a.m.

Walt Disney World Half Marathon Race:

Date: Saturday, Jan. 12

Arrive at Epcot by 3:30 a.m. for live coverage of the start and finish line.

Start 5:30 a.m.

26th annual Walt Disney World Marathon Race:

Date: Sunday, Jan. 13

Arrive at Epcot by 3:30 a.m. for live coverage of the start and finish line.

Start 5:30 a.m.

Media interested in covering the weekend events must contact Disney Sports Public Relations a day in advance to arrange for credentials.

Media Contact:

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