

# runDisney Quick Facts (as of January 2018)

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- **runDisney events provide runners the unique opportunity to run through Disney Parks and Resorts, earn Disney-themed finisher medals, experience Disney's world-famous entertainment and guest service, and ultimately celebrate their accomplishments with a Disney vacation. runDisney race destinations include Walt Disney World Resort in Florida, Disney's private Bahamian island Castaway Cay, and Disneyland Paris.**
- **runDisney is one of the largest and most popular race organizers in the United States, in terms of the number of runners. More than 187,000 runners from across the country and around the world participate in runDisney events each race season. In 2018, there will be five race weekends.**
- **runDisney offers something for the whole family. While more challenging events like a marathon or half marathon races headline each runDisney weekend, families can also participate in 5Ks, 10Ks, kids races, and health and fitness expos with guest speakers, product demonstrations and official race merchandise.**
- **runDisney is perfect for new runners who are tackling their first half marathon or marathon. There's no required qualifying time, less pressure, and runners can enjoy the sights of a Disney theme parks and world-famous Disney entertainment during their race including popular Disney characters.**
- **Beyond the race weekend, the runDisney team also provides tips for training and living a healthier lifestyle through the runDisney website ([www.rundisney.com](http://www.rundisney.com)) and social media platforms. For example, participants have access to official training consultant Jeff Galloway, who shares tips to make finishing a race achievable to participants of all ages and athletic**

**abilities.**

- **The Walt Disney World Marathon Weekend, considered to be one of the largest race weekends in the country, drives more than 100,000 runners and spectators to the Central Florida Area.**